

Wildcat Open

- Date:** Saturday April 28th, 2012
- Site:** Baker University Liston Stadium / Hey-Metzger Track
- Time:** Field Events begin @ 10:00am
Running Events begin @ 11:00pm
- Entries:** Entries open to collegiate programs and pre-approved unattached athletes, with no limit on the number of entries per institution per event.
- Entry Procedure:** <http://www.aspimeetz.com/15409>
Entry deadline will be Wednesday April 25th at 7:00pm
- Entry Fee:** Entry Fee: \$10 per athlete or \$125 per team (\$250 combined M & W). Unattached athletes accepted (\$10) with no event limits.
Please make checks out to Baker Track & Field
- Scoring:** No Team Scoring
- Awards:** Wildcat Open T-shirt will be awarded to all individual and relay champions.
- Facilities:** All weather track – 8 lanes (2006 construction)
Javelin runway is all-weather, and is located behind the Sauder baseball field.
Long jump board is 10' from the landing area
Triple jump boards are located at 26' 31' 36' & 41'
- Spike length:** All spikes must be ¼ inch (or less) pyramid shaped and will be inspected at check-in.
Athletes found to have spikes other than this will not be permitted to compete. Athletes caught wearing non-approved spikes will be removed from the facility.
Javelin athletes are permitted to wear 1/4 inch pyramid shaped spikes on the javelin runway.

Implements: All throwing implements will be weighed-in between 9:00am and 10:00am. Implements will not be weighed-in after 10:00am so please insure all implements are brought to the weigh-in station between 9:00am and 10:00am.

Please clearly mark all implements with your school name.

Trainers: Athletic trainers will be in attendance under the supervision of Lynn Bott, Director of Sports Medicine.

Results: Event results will be posted on the Liston Stadium East notice board immediately following the conclusion of each event. Awards may be collected from the press box area shortly after the results have been announced / posted. Final Wildcat Open results will be available to all Head Coaches immediately after the conclusion of the last event. Results will also be available online at bakeru.edu.

Concessions: Food and beverages will be available at the Liston Stadium Concessions Stand beginning at 11:00am.

Parking: All team vans must park on the north side of Liston Stadium (this is the largest parking lot). Team charter buses will also park on the north side of Liston Stadium, but they will be permitted to park on the closed road between the stadium and the parking lot.

Additional Info: Additional information or help can be found by contacting Coach Zach Kindler.

Email: zach.kindler@bakeru.edu
Office number: 785 594 4580
Cell number: 785 650 5159

WILDCAT OPEN

Saturday, April 28th 2012

FIELD EVENTS

8 plus unattached advancing to finals in throws
Jumps, pole vault and high jump will follow regular procedure

10:00 a.m.

Women's Hammer – Men's Hammer to follow

11:00 a.m.

Women's Long Jump – West Pit
Men's Long Jump – East Pit
Men's High Jump – Women's High Jump to follow
Men's Shot Put – Women's Shot Put to follow

After Men's Hammer

Men's Discus - Women's Discus to follow

After Men's Long Jump

Women's Triple Jump – Men's Triple Jump to follow

12:00 p.m.

Women's Pole Vault – Men's Pole Vault to follow
Women's Javelin – Men's Javelin to follow

RUNNING EVENTS (All events against time)

4 X 800 Relay (Women – Men)
4 X 100M Relay (Women – Men)
5000M (Women – Men)
1500M (Women – Men)
100M Hurdle (Women)
110M Hurdle (Men)
400M (Women – Men)
100M (Women – Men)
800M (Women – Men)
400M Low Hurdles (Women)
400M Intermediate Hurdles (Men)
200M (Women – Men)
3000M (Women – Men)
3000M Steeplechase (Women – Men)
4 X 400M Relay (Women – Men)