

BAKER RELAYS

Friday, March 24th 2012

FIELD EVENTS

(9 advancing to finals in throws / jumps; pole vault and high jump will follow regular procedure)

Minimum standards for measurement of field event performances will be utilized

11:00 a.m.

Women's Hammer – Men's Hammer to follow

Women's Long Jump – West Pit

Men's Long Jump – East Pit

Men's High Jump – Women's High Jump to follow

Men's Shot Put – Women's Shot Put to follow

Minimum Marks

W 35m

M 40m

W 11m

M 12.50m

After Men's Hammer

Women's Discus – Men's Discus to follow

W 35m

M 40m

After Long Jump

Women's Triple Jump – West Pit

Men's Triple Jump – East Pit

12:00 p.m.

Women's Pole Vault – Men's Pole Vault to follow

Women's Javelin – Men's Javelin to follow

W 30m

M 40m

RUNNING EVENTS (Rolling schedule; all events against time)

12:00 p.m.

4 X 800 Relay (Women – Men)

10,000M (Women/Men – Will run together)

4 X 100M Relay (Women – Men)

1500M (Women – Men)

100M Hurdle (Women)

110M Hurdle (Men)

3000M Steeplechase (Women – Men)

400M (Women – Men)

100M (Women – Men)

800M (Women – Men)

400M Low Hurdles (Women)

400M Intermediate Hurdles (Men)

200M (Women – Men)

5000M (Women – Men)

4 X 400M Relay (Women – Men)

71th Baker University Relays

- Date:** Saturday March 24th, 2012
- Site:** Baker University Liston Stadium / Hey-Metzger Track
- Time:** Field Events begin @ 11:00am
Running Events begin @ 12:00pm
- Entries:** Entries open to collegiate programs and pre-approved unattached athletes, with no limit on the number of entries per institution per event.
- Entry Procedure:** <http://www.aspimeetz.com/15410>
Entry deadline will be Wednesday March 21st at 7:00pm.
- Entry Fee:** Entry Fee: \$15 per athlete or \$125 per team (\$250 combined M & W). Unattached athletes accepted (\$15) with no event limits.
Please make checks out to Baker Track & Field
- Scoring:** Collegiate team scores will be kept.
10-8-6-5-4-3-2-1 scoring system will be used.
- Awards:** Baker Relay Awards will be awarded to all individual and relay champions
- Facilities:** All weather track – 8 lanes (2006 construction)
Javelin runway is all-weather, and is located behind the Sauder baseball field.
Long jump board is 10' from the landing area
Triple jump boards are located at 26' 31' 36' & 41'
- Spike length:** All spikes must be ¼ inch (or less) pyramid shaped and will be inspected at check-in.
Athletes found to have spikes other than this will not be permitted to compete.
Athletes caught wearing non-approved spikes will be removed from the facility.
Javelin athletes are permitted to wear 1/4 inch pyramid shaped spikes on the javelin runway.
- Implements:** All throwing implements will be weighed-in between 8:30am and 11:00am.
Implements will not be weighed-in after 11:00am so please insure all implements are brought to the weigh-in station between 8:30am and 11:00am.

Please clearly mark all implements with your school name.

- Trainers:** Athletic trainers will be in attendance under the supervision of Lynn Bott, Director of Sports Medicine.
- Results:** Event results will be posted on the Liston Stadium East notice board immediately following the conclusion of each event. Awards may be collected from the press box area shortly after the results have been announced / posted.
Final Baker Relay results will be available to all Head Coaches immediately after the conclusion of the last event.
Results will also be available online at bakeru.edu.
- Concessions:** Food and beverages will be available at the Liston Stadium Concessions Stand beginning at 11:00am.
- Parking:** All team vans must park on the north side of Liston Stadium (this is the largest parking lot). Team charter buses will also park on the north side of Liston Stadium, but they will be permitted to park on the closed road between the stadium and the parking lot.
- Additional Info:** Additional information or help can be found by contacting Coach Zach Kindler.

Email: zach.kindler@bakeru.edu
Office number: 785 594 4580
Cell number: 785 650 5159