

**BAKER UNIVERSITY MAJOR CHECKLIST**

EXERCISE SCIENCE

B.S.

**MAJOR REQUIREMENTS**

(38 hours of Exercise Science are required)

**COURSE COMPLETED OR IN PROGRESS**

**EXERCISE SCIENCE CORE REQUIREMENTS:**

EX180 First Aid and CPR/AED for Professional Rescuer (1 hr)	_____
EX181 Introduction to Human Performance	_____
EX244 Essentials of Sports Medicine	_____
EX245 Human Nutrition	_____
EX247 Public Health Aspects	_____
EX343 Physiology of Exercise	UC _____
EX346 Special Populations and Conditions	UC _____
EX347 Applied Kinesiology	UC _____
EX494 Exercise Programming: Assessment and Prescription (4 hrs)	UC _____
EX497 Clinical Experience in Health, Sport, and Human Performance (12 hrs)	UC _____

**SUPPORTING COURSES: (23 Hours)**

BI151 Introduction to Molecular and Cellular Biology (4 hrs)	_____
BI246 Human Anatomy and Physiology I (4 hrs)	_____
BI247 Human Anatomy and Physiology II (4 hrs)	_____
CH137 General Chemistry I (4 hrs)	_____
PC125 Introductory Physics I <b>OR</b> PC225 General Physics I (4 hrs)	_____
PY111 General Psychology (3 hrs)	_____

**B.S. Math Requirement:**

(See the Quest general education checklist for options to fulfill this requirement)

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NOTE: All students interested in the Exercise Science major must apply directly to the Exercise Science Program and meet specifically designed criteria prior to enrolling in 300/400 level courses. (See the Exercise Science section of the catalog for details.)

STUDENT NAME: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

DATE: \_\_\_\_\_