

**BAKER UNIVERSITY MAJOR CHECKLIST**

EXERCISE SCIENCE

B.S.

MAJOR REQUIREMENTS

(51 hours of HSHP are required)

COURSE COMPLETED OR IN PROGRESS

**EXERCISE SCIENCE CORE REQUIREMENTS:**

HP180 Concepts of Health (3 hrs)	_____
HP181 Introduction to Health, Sport and Human Performance (3 hrs)	_____
HP182 First Aid, CPR, and Safety (3 hrs)	_____
HP184 Lifetime of Fitness (3 hrs)	_____
HP244 Essentials of Sports Medicine (3 hrs)	_____
HP/BI245 Human Nutrition (3 hrs)	_____
HP342 Motor Learning (3 hrs)	UC _____
HP343 Physiology of Exercise (3 hrs)	UC _____
HP345 Therapeutic Exercise (3 hrs)	UC _____
HP346 Adapted Activities for Special Populations (3 hrs)	UC _____
HP347 Applied Kinesiology (3 hrs)	UC _____
HP388 Organization Administration Health, Physical Education Recreation and Athletics (3 hrs)	UC _____
HP496 Senior Seminar in Health, Sport and Human Performance (3 hrs)	UC _____
HP497 Clinical Experience in Health, Sport, and Human Performance (12 hrs)	UC _____

**SUPPORTING COURSES: (12 Hours)**

BI251 Introduction to Ecological and Organismal Biology (4 hrs)	_____
BI246 Human Anatomy and Physiology I (4 hrs)	_____
BI247 Human Anatomy and Physiology II (4 hrs)	_____

STUDENT NAME: \_\_\_\_\_

STUDENT NUMBER: \_\_\_\_\_

DATE: \_\_\_\_\_