

BAKER UNIVERSITY MAJOR CHECKLIST

HEALTH/PHYSICAL EDUCATION

(Teacher Certification)

B.A. or B.S.

MAJOR REQUIREMENTS

(42 hours of HSHP; 15 of which are upper-college hours)

COURSE COMPLETED OR IN PROGRESS

HEALTH/PHYSICAL EDUCATION CORE REQUIREMENTS:

- HP180 Concepts of Health (3 hrs)
- HP181 History and Principles of HPER and Sport (3 hrs)
- HP182 First Aid, CPR, and Safety (3 hrs)
- HP241 Tech. of Teaching Individual & Dual Sports (3 hrs)
- HP242 Techniques of Teaching Team Sports (3 hrs)
- HP243 Movement and Rhythm (3 hrs)
- HP244 Essentials of Sports Medicine (3 hrs)
- HP/BI245 Human Nutrition (3 hrs)
- HP250 Practicum Experience in Health (1 hr)
- HP343 Physiology of Exercise (3 hrs)
- HP346 Adapted Physical Education (3 hrs)
- HP347 Applied Kinesiology (3 hrs)
- HP339 Methods of Teaching Physical Education and Health (3 hrs)
- HP388 Organization Administration Health, Physical Education
Recreation and Athletics (3 hrs)

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Two activity courses:

- One team sport activity course (1 hr)
- PE167 Cross Training (1 hr)

SUPPORTING COURSES: (14 hrs)

- BI132 Introduction to Molecular & Cellular Biology (4 hrs) **OR**
- BI133 Introduction to Ecological and Organismal Biology (4 hrs)
- BI246 Human Anatomy and Physiology I (4 hrs)
- PY111 General Psychology (3 hrs)
- PY243 Human Development (3 hrs)

Students must also simultaneously seek endorsement in K-12 teacher licensure by following the Teacher Education Policy and Programs handbook.

STUDENT NAME: _____

STUDENT NUMBER: _____

DATE: _____