

BAKER UNIVERSITY MAJOR CHECKLIST

EXERCISE SCIENCE

B.S.

MAJOR REQUIREMENTS

COURSE COMPLETED OR IN PROGRESS

- 61 credit hours of Exercise Science and Supporting Coursework required
- Minimum of 15 credit hours of Exercise Science must be upper-college

EXERCISE SCIENCE CORE REQUIREMENTS: (38 Hours)

EX180 First Aid and CPR/AED for Professional Rescuer (1 hr)	_____
EX181 Introduction to Human Performance	_____
EX244 Essentials of Sports Medicine	_____
EX245 Human Nutrition	_____
EX247 Public Health Aspects	_____
EX343 Physiology of Exercise	UC _____
EX346 Special Populations and Conditions	UC _____
EX347 Applied Kinesiology	UC _____
EX494 Exercise Programming: Assessment and Prescription (4 hrs)	UC _____
EX497 Clinical Experience in Health, Sport, and Human Performance (12 hrs)	UC _____

SUPPORTING COURSES: (23 Hours)

BI151 Introduction to Molecular and Cellular Biology lecture (3 hrs)	_____
BI151L Introduction to Molecular and Cellular Biology lab (1 hr)	_____
BI246 Human Anatomy and Physiology I (4 hrs)	_____
BI247 Human Anatomy and Physiology II (4 hrs)	_____
CH137 General Chemistry I lecture (3 hrs)	_____
CH137 L General Chemistry I lab (1 hr)	_____
PC125 Introductory Physics I OR PC225 General Physics I (4 hrs)	_____
PY111 General Psychology (3 hrs)	_____

B.S. Math Requirement:

(See the Quest general education checklist for options to fulfill this requirement)

NOTE: All students interested in the Exercise Science major must apply directly to the Exercise Science Program and meet specifically designed criteria prior to enrolling in 300/400 level courses. (See the Exercise Science section of the catalog for details.)

STUDENT NAME: _____

STUDENT NUMBER: _____

DATE: _____