

BAKER UNIVERSITY MAJOR CHECKLIST

RECREATION

B.A. or B.S.

MAJOR REQUIREMENTS

COURSE COMPLETED OR IN PROGRESS

- 58-61 credit hours of Exercise Science and Supporting Coursework required

RECREATION CORE REQUIREMENTS: (33 hrs)

EX180 First Aid and CPR/AED for Professional Rescuer (1 hr)

EX184 Lifetime Fitness

EX245 Human Nutrition

PE210 Intro to Physical Education, Health, and Recreation

PE239 Practicum Experience for Recreation I

PE240 Techniques of Teaching Team sports **OR**

PE241 Techniques of Teaching Individual or Dual Sports

PE303 Methods of Teaching Early Childhood/Elem. Phys Ed **OR**

PE305 Methods of Teaching Secondary Phys Ed

UC_____

PE320 Practicum Experience for Recreation II

UC_____

PE351 Physiology of Exercise for Phys Ed and Health

UC_____

PE439 Internship for Recreation

UC_____

SUPPORTING COURSES: (13 hrs)

BI246 Anatomy and Physiology

BI246L Anatomy and Physiology Lab (1 hr)

BS141 Introduction to Business

CO115 Introduction to Communication Studies

CO242 Interpersonal Communication

AREA OF EMPHASIS (12-15 hrs)

Designed in conjunction with the student's academic advisor

STUDENT NAME: _____

STUDENT NUMBER: _____

DATE: _____