

BAKER UNIVERSITY MAJOR CHECKLIST

PUBLIC HEALTH

B.S. or B.A.

MAJOR REQUIREMENTS

COURSE COMPLETED OR IN PROGRESS

PUBLIC HEALTH CORE REQUIREMENTS: (39 HRS)

EX181 Introduction to Applied Health Sciences	_____
EX186 Concepts of Health	_____
EX245 Human Nutrition	_____
EX247 Public Health Aspects	_____
EX261 Principles of Epidemiology in Public Health (2 hrs)	_____
EX327 Public Health Communication and Literacy (2 hrs)	UC _____
EX346 Special Populations and Conditions	UC _____
EX388 Contemporary Global Health Issues (2 hrs)	UC _____
EX428 Health Promotions	UC _____
EX497 Clinical Experience in Exercise Science/Public Health (12 hrs)	UC _____
PE186 Concepts of Health	_____
SO372 Sociology of Medicine	UC _____

SUPPORTING COURSES: (6 HRS)

BI246 Human Anatomy and Physiology I	_____
BI247 Human Anatomy and Physiology II	_____

AREAS OF CONCENTRATION (Must complete at least one area)

Health Communications & Literacy: (18 HRS)

CO115 Intro to Communication Studies	_____
CO242 Interpersonal Communication	_____
CO257 Pathways to Conflict Mgmt	_____
CO350 Organizational Communication	_____
CO355 Group & Team Communication	_____
EN152 Intro to Writing & Research	_____

Physical Activity & Health Promotion Across the Lifespan: 19 HRS)

EX184 Lifetime of Fitness, Hlth, & Nutrition	_____
EX300 Group Fitness Instruction (1hr)	_____
EX342 Motor Learning	_____
PE240 Tech of Teaching Team Sports	_____
PE241 Tech of Teaching Indiv/Dual Sports	_____
SA141 Intro to Sports Administration	_____
SA335 Facility & Event Management	_____

Sociology & Cultural Competency: (21 HRS)

SO115 Principles of Sociology	_____
SO242 Society and the Individual	_____
SO243 Social Inequality	_____
SO329 Gender and Sexuality	_____
SO331 Social Class and Status	_____
SO/RE363 Religion, Ritual & Belief	_____
SO364 Culture and Society	_____

Self-Designed Concentration: (18 HRS)

- * Cannot contain more than 9 hrs of an existing defined concentration.
- * Plan cannot contain more than 3 credits of EX241, EX441, EX490
- * Proposed plan must be submitted prior to completing 70 credits and receive full-department approval.
- * Once approved, plan may not be changed without consent of both the department of Applied Health Sciences and the Registrar.

NOTE: All students interested in the Public Health major must apply directly to the Public Health Program and meet specifically designed criteria prior to enrolling in 300/400 level courses. (See the Public Health section of the catalog for details.)

STUDENT NAME: _____

STUDENT ID: _____

DATE: _____