



BAKER UNIVERSITY MAJOR CHECKLIST

EXERCISE SCIENCE

B.S. Degree ONLY

MAJOR REQUIREMENTS

COURSE COMPLETED OR IN PROGRESS

EXERCISE SCIENCE CORE REQUIREMENTS: (39 HRS)

- EX181 Introduction to Human Performance
- EX245 Human Nutrition
- PBH247 Social and Behavioral Aspects
- EX251 Measurement in Exercise Science and Allied Health (1 hr)
- EX300 Group Exercise Instruction (1 hr)
- EX343 Physiology of Exercise
- EX345 Therapeutic Exercise
- EX346 Special Populations and Conditions
- EX347 Applied Kinesiology
- EX494 Exercise Programming: Assessment and Prescription (4 hrs)
- EX497 Clinical Experience in Exercise Science (12 hrs)

UC _____

UC _____

UC _____

UC _____

UC _____

UC _____

SUPPORTING COURSEWORK: (19 HRS)

- BI 151 & BI151L Molecular and Cellular Biology & Lab
- BI246 & BI246L Human Anatomy and Physiology I & Lab
- BI247 & BI247L Human Anatomy and Physiology II & Lab
- CH137 General Chemistry I & Lab
- PY111 General Psychology

B.S. Math Requirement:

(See the Core general education checklist for options to fulfill this requirement)

NOTE: All students interested in the Exercise Science major must apply directly to the Exercise Science Program and meet specifically designed criteria prior to enrolling in 300/400 level courses. (See the Exercise Science section of the catalog for details.)

STUDENT NAME: _____

STUDENT ID: _____

DATE: _____